

## About us

Glebe House provides a wide range of services for people with learning disabilities, including:

- Adult Day Services
- Specialist Autism Services
- Work Skills
- Adult Home and Community Support
- Childrens Domiciliary Care
- Personal Assistants
- Childrens After School Club
- Childrens Saturday Club
- Childrens Holiday Play Schemes
- Youth Clubs
- Adult Social Clubs
- Adult Activity Days
- Weekend and Short Breaks
- PMLD Services

Glebe House  
Woodgate Chambers  
70 Woodgate  
Loughborough  
LE11 2TZ

### Telephone

01509 218096

### Email

[enquiries@glebehouseproject.org.uk](mailto:enquiries@glebehouseproject.org.uk)

### Website

[www.glebe-house.org.uk](http://www.glebe-house.org.uk)

# Transitions Services

Preparing young adults for the transition into adult support



Flexible services for people with learning disabilities

Charity number: 1018920  
Company number: 2724141



Flexible services for people  
with learning disabilities

## Transitions Services

Helping to prepare young adults  
to manage change

We recognise that this is a challenging time for many young people and their carers as they face funding changes and begin moving out of full time education.

We offer tailor made packages allowing young people to take control of their future after school/college has finished. We provide Personal Assistants, which enables access to further adult learning, community visits, healthy living and exercise and work skills opportunities. We also offer a service which covers all aspects of becoming independent, including cooking, laundry, money management and IT.

Activities include:

### Healthy Living

Swimming, gym, zumba,  
keep fit, walking, cooking, boccia, yoga

### Accessing Community

Library, museum, volunteer placements,  
dog walking, personal shopping, bowling,  
golf, support to attend Charnwood Action  
Group

### Independent Living Skills

Money skills, budgeting, menu planning,  
home skills – laundry, cleaning, making  
beds

### Health & Beauty

Personal hygiene, hair care, therapeutic  
sensory sessions

### Work Skills

Carpentry, maintenance, eBay shop,  
horticultural

### Support

We can offer a package of 1:1 support  
or shared support

For further information contact Tracey  
Smith 01509 218096

Monday –Friday 9am-4pm

However, you can choose your times so  
it suits your needs whether it's for a few  
hours, half a day or a full day.

All of our staff are DBS checked,  
experienced and fully trained.

You are welcome to visit us at any time  
should you wish to use our services.

## Find out more

If you want to find out more pleas  
contact us at

Woodgate Chambers, 70 Woodgate,  
Loughborough, LE11 2TZ

01509 218096

[enquiries@glebehouseproject.org.uk](mailto:enquiries@glebehouseproject.org.uk)

Like us on Facebook 

Follow us on Twitter 

